

HUNTERS of HELMSLEY

Press release



Farmhouse Breakfast Week - get inspired

23rd to 29th January is Farmhouse Breakfast Week, helping the UK to start the day with a healthy, substantial breakfast. Are you fed up of your usual cornflakes and soggy toast or do you always end up grabbing a cereal bar on the run? Well Hunters of Helmsley has some suggestions to inspire you through the week! If you're looking for any ingredients or help why not pop in to the store and we'd be happy to help.

Sunday 23rd January

It's the first day of Farmhouse Breakfast Week. And as it's a Sunday, it's the perfect day for a traditional English Breakfast – bacon, eggs, sausage, black pudding, plum tomatoes, mushrooms... the list is endless. Go for the best quality produce you can find and you'll appreciate the difference it makes. We'd recommend Masham pork sausages are a perfect fry up contender. Finish with some Lazy Sunday coffee from Taylors of Harrogate – and relax!

Monday 24th January

If you're struggling to kick-start the working week, why don't you try porridge with Yorkshire heather honey and almonds – healthy, filling and delicious. If you've never tried heather honey, it's worth a go – it's the crème de la crème of honey – rich and toffee-like!

Tuesday 25th January

How about some pancakes? Go American and top with maple syrup and the crispiest bacon. Be healthy and top with fresh fruit and fromage frais. Dried fruit, bananas, blueberries, even eggs – all taste great with pancakes so the options are endless!

Wednesday 26th January

If you are in a rush, a favourite with all of us here at Hunters is granola. And there's none better than that made on our doorstep – Yorkshire Dales Granola. Great with hot or cold milk or sprinkled over yoghurt or fruit. And it really does keep you full until lunchtime, which can't be said of all cereals!

Hunters of Helmsley

13 Market Place, Helmsley, North Yorkshire YO62 5BL

Opening Times 8.00am - 5.30pm 7 Days a week

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Thursday 27th January

Loch Fyne smoked salmon and free range scrambled eggs – a tasty classic, which is also really good for you. Perfect with a nice cup of Taylors of Harrogate Earl Grey...

Friday 28th January

Some days nothing beats a good comforting slice of toast. But make sure it's the freshest multigrain bread, topped with Wensleydale butter made in Hawes, and Hunters Yorkshire marmalade or jam – why not try Hunters blackberry and elderflower for something a little bit different.

Saturday 29th January

It's the last day of Farmhouse Breakfast Week! And it's a Saturday, so why not spoil yourself with the American favourite of Eggs Benedict. An English muffin halved and buttered, topped with quality locally produced bacon or ham, poached eggs and hollandaise sauce (you can buy the ready-made kind!). Swap the bacon for wilted spinach for an Eggs Florentine. Great for breakfast, lunch or dinner!

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